



NARAYANA
COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

Recognized by Indian Nursing Council and A.P. Nurses & Midwives Council

Affiliated to NTR University of Health Sciences, A.P. Vijayawada.

Accredited by "International Accreditation Organization (IAO)"

website: www.narayanannursingcollege.com || e-mail: narayana_nursing@yahoo.co.in



DEPARTMENT OF MEDICAL SURGICAL NURSING
REPORT ON WORLD LIVER DAY
DATE: 19/04/2022 TIME: 10:00 am– 01:00 pm
VENUE: SUPER SPECIALITY, GROUND FLOOR, NMCH,
NELLORE.

Name of the Department	MEDICAL SURGICAL NURSING
Title of the programme	WORLD LIVER DAY
Theme	"Heritage and Climate"
Date of activity organized	19/04/2022
Name of the coordinator of Activity	Mrs A.LATHA M.Sc (N) Prof/HOD
Venue	Narayana Medical College Hospital, Nellore
No. of participants	40 Patients
Objective of the Activity	The world acknowledges the day with the goal of raising awareness regarding the access to liver diseases and how to promote the liver healthy.
Outcome of the Activity	Created awareness about liver diseases and liver cleansing tips among all gastro intestinal patients.

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REPORT OF THE ACTIVITY

World Liver Day is observed on **19 April** annually to spread awareness about the causes of liver disease and tips for its prevention so as to take **holistic care of the liver**. The liver is the second largest and the second most complex organ in the body, after the brain. It performs crucial body functions and is associated with digestion, immunity, metabolism, and nutrition storage. The liver regulates blood sugar, removes toxic substances from the body, helps blood clot, and controls cholesterol levels. Department of Medical Surgical Nursing has organized awareness programme on world liver Day on 19 April 2022 between 10 AM -1 PM in Gastro Enterology OPD at Narayana Medical College and Hospital, Nellore.

The programme was inaugurated by Principal, Narayana College of Nursing and HOD of Medical Surgical Nursing, HOD of Gastro Enterology Department, Medical Superintendent, Nursing Superintendent, Deputy Nursing Superintendent. A total of 40 patients were participated in the awareness programme.

The programme was started at 10 am with the welcome address which was proposed by Associate Professor Mrs. Subhashini. After welcome address, pre-test questionnaire was distributed to the participants.

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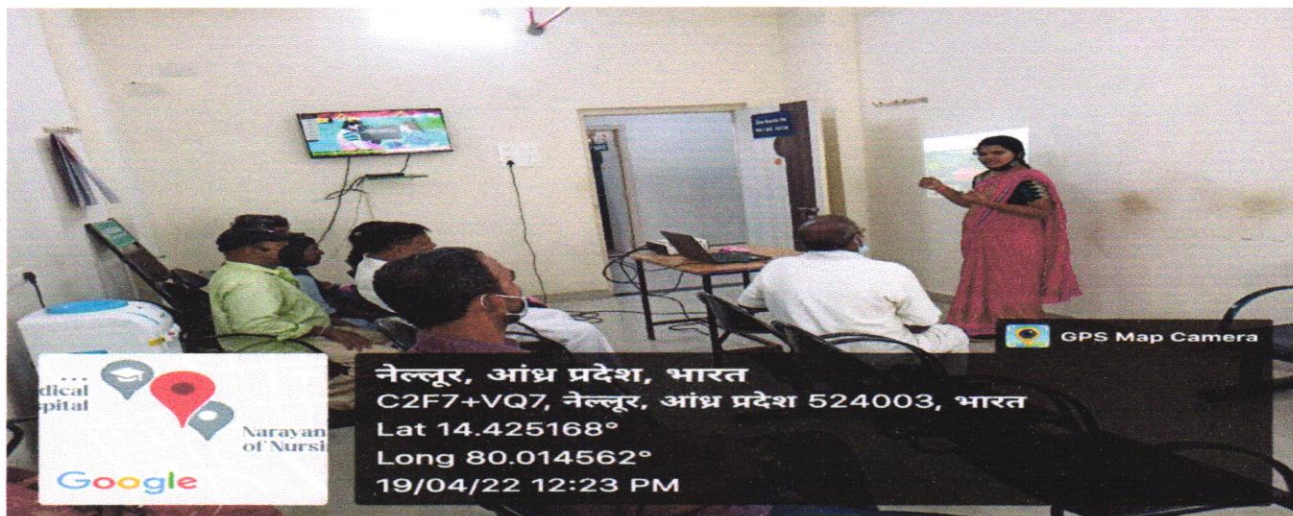


Fig.No:1 Explaining on liver cleansing tips

After completion of pre – test the participants were given a detailed explanation about liver diseases at 11 am. Created awareness among participants through power point presentation by faculties of Medical Surgical Nursing Department on the liver diseases on reducing the risk for liver diseases by changing the life style, food habits, exercise, management and treatment modalities. Post test was conducted with same tool at 12:30 p.m.

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Analysis

Table no.1 Frequency and percentage distribution of level of knowledge
(N=40)

LEVEL OF KNOWLEDGE	PRETEST		POSTTEST	
	Frequency	Percentage	Frequency	Percentage (%)
	(f)	(%)	(f)	
A+	8	20	12	30
A	10	25	14	35
B	10	25	8	20
C	9	23	4	10
D	3	7	2	5
Total	40	100	40	100

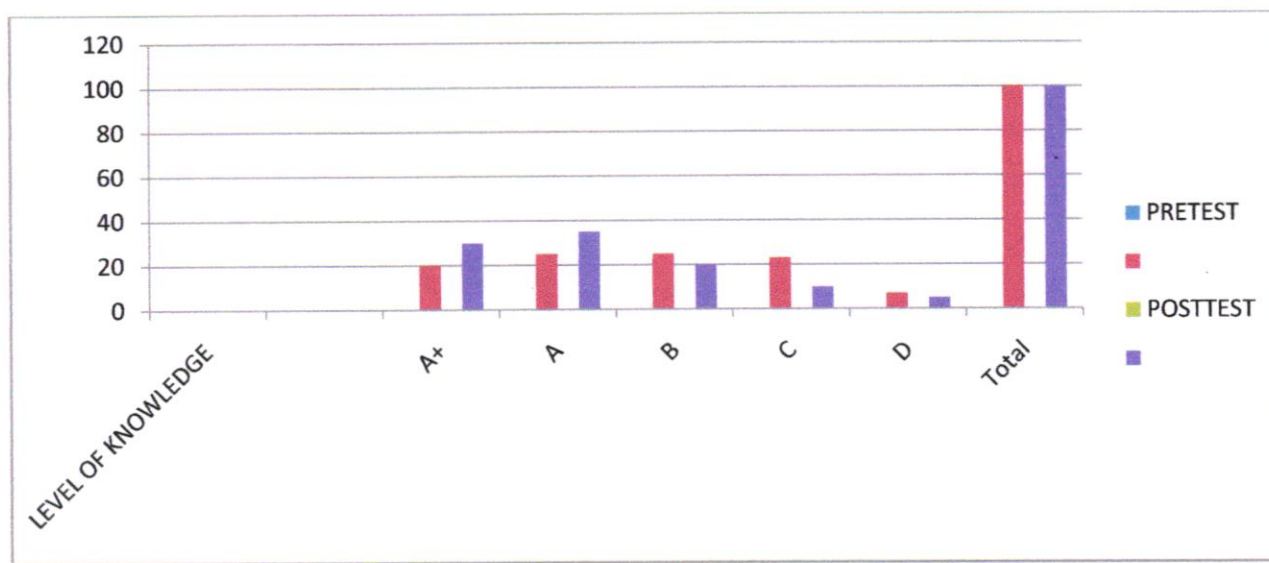




Fig. No 1: Comparison of percentage distribution of level of knowledge


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The Programme was ended with the vote of thanks by Prof. A Latha

Programme Coordinator

HOD

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